

Chain of Hope Jamaica Cycle Tour

7/8 May 2011

We ride again!!



chain of hope jamaica

Last year - Bustamante Barking Mad Bicycle Tour (14 August)

- **1 crazy idea**
- **1 great team**
- **400 miles**
- **32 hours 40 minutes**
- **7 lives saved**

Last Year's route

| From To Stage (Km) | Km | Miles |
|----------------------------|--------------|--------------|
| Kingston - Morant Bay | 53.13 | 33.0 |
| Morant Bay - Port Antonio | 74.06 | 46.0 |
| Port Antonio - Annotto Bay | 45.08 | 28.0 |
| Annotto Bay - Ochie | 59.57 | 37.0 |
| Ochie - Falmouth | 69.23 | 43.0 |
| Falmouth - Montego Bay | 35.42 | 22.0 |
| Montego Bay - Negril | 77.28 | 48.0 |
| Negril - Whitehouse | 54.74 | 34.0 |
| Whitehouse - Mandeville | 74.06 | 46.0 |
| Mandeville - May Pen | 37.03 | 23.0 |
| May Pen - Kingston | 64.4 | 40.0 |
| TOTAL | 644.0 | 400.0 |

15/20 minute breaks in each stop.

No sleep / No free ride / No showers / No proper food, only cycling!

The lives that we changed

The first life:

J.B.

6 months old

Diagnosis : Patent ductus arteriosus

Surgery : Patent ductus arteriosus ligation - August 18,
2010



Letter from the family

Dear Mr. Barnes, cyclist and all of the sponsors

I am the mother of J.B. and am very grateful for what all you guys have done for me, my daughter and my family. Before her surgery I was always worried of how she would be growing up but just because of what you guys have done, I can put to rest that problem. Her medication has cost me a lot of money and because of her the surgery, she will be off medication. She is now more playful than before. She's a pleasant baby and I love her with all of my heart. I was afraid of losing her and because of what you did and all your sponsors, I can look on to see her grow up to come and help others who are in need as she was.

The second life

D. T.

Age 3 years

Diagnosis : Ventricular septal defect

Surgery : Ventricular septal defect patch closure -
August 18, 2010



Letter from the family

*Dear Mr. Barnes, the cyclists and all of the sponsors,
I appreciate all the things that you have done for my son, without you I don't know how I would manage the situation. Right now he is able to run up and down without getting tired easily, because he did the surgery that I wanted him to do. So thank you people a lot and may God richly bless you and keep you and your family.
Thank you again.*

The third life

S.C.

Age 3 years

Diagnosis : Ventricular septal defect

Surgery : Ventricular septal defect patch closure -
August 25, 2010



Letter from the family

*Dear Mr. Barnes, all the cyclist and the sponsors,
I want to give thanks for all the children that you have sponsored to do heart surgery including my daughter. It was a wonderful thing to do. You have made my daughter feel different and she is doing so very well since doing the surgery. She is eating so very well and she is playing alot with other kids in the community. May God bless you for what you have done from my daughter. Keep doing the good work for the children*

The fourth life

K.P.

Age 1 year

Diagnosis : Patent ductus arteriosus

Surgery : Patent ductus arteriosus ligation -
September 1, 2010



Letter from the family

Dear Mr. Barnes, cyclists and sponsors,

My name is D.L. I am the mother of K.P. and I would like to tell you thanks for what you are doing. K. is doing pretty well. She is sitting up and trying to creep. Dr. Little, Dr. Robb and Dr. Chung do a really good job. Thank you and I hope God continues to strengthen you in the work you are doing.

The fifth life

J.W.

Age 2 years

Diagnosis : Ventricular septal defect

Surgery : Ventricular septal defect patch closure -
September 1, 2010



Letter from the family

Dear Mr. Barnes, all the cyclists and sponsors,

A generous offer from someone I have never met to assist my son J.D.W., an active, strong-willed, fun-loving enthusiastic two year old. I would really love to express heart felt gratitude to you guys for helping towards long life and prosperity in Js honour. I have just learnt of your kindness and only God knows how this is appreciated. I love him so much as he is my only child and to see the success after his surgery really brought tears to my eyes. The challenge you all took up was grave and it doesn't even start with me how much my family will be grateful to know about it. I am really happy at this moment with the result. Thank you so much.

The sixth life

B/O S.B.

Age 1 year

Diagnosis : Patent ductus arteriosus

Surgery : Ligation of patent ductus arteriosus -
September 8, 2010



Letter from the family

Dear Al Barnes and team,

I just want to thank you for paying for the heart surgery. I really appreciate it. Continue doing what you are doing and may God bless you.

The seventh life

B.D.

Age 1 year

Diagnosis : Ventricular Septal Defect

Surgery : Ventricular septal defect patch closure -
September 8, 2010



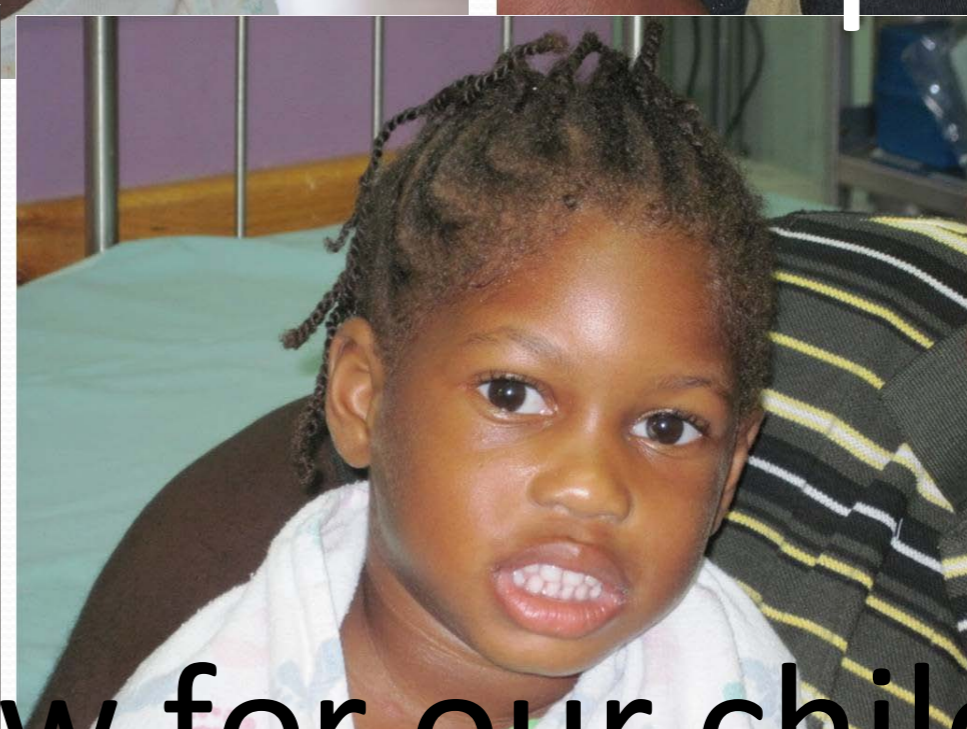
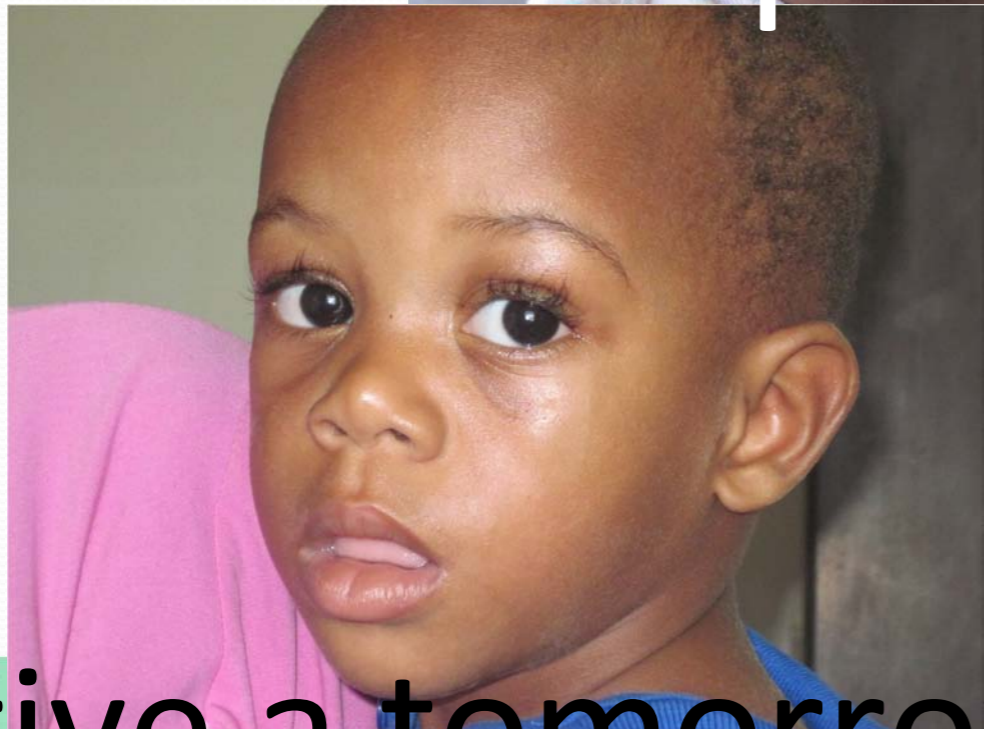
Letter from the family

Dear Al Barnes,

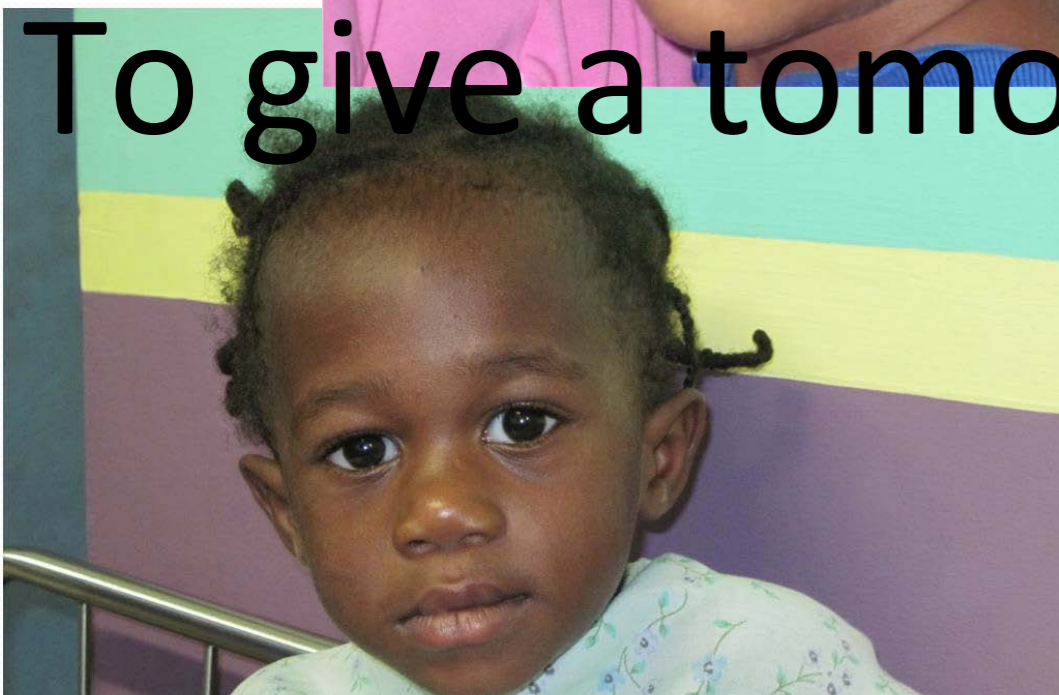
I am writing this letter to tell you thank you very much for your help in making my baby's surgery a wonderful one. She is much better. Thank you and God bless you.



Please help Chain of Hope



To give a tomorrow for our children today



This year

- **1 idea taken further**
- **1 even greater team**
- **Longer – 430/440 miles**
- **+/- 36 hours (or more!)**
- **At least 8 lives saved**

This Year's route

| From To Stage (Km) | Km | Miles |
|-----------------------------|--------------|--------------|
| Kingston - Morant Bay | 53.13 | 33.0 |
| Morant Bay - Port Antonio | 74.06 | 46.0 |
| Port Antonio - Annotto Bay | 45.08 | 28.0 |
| Annotto Bay - Ochie | 59.57 | 37.0 |
| Ochie - Falmouth | 69.23 | 43.0 |
| Falmouth - Montego Bay | 35.42 | 22.0 |
| Montego Bay - Negril | 77.28 | 48.0 |
| Negril - Whitehouse | 54.74 | 34.0 |
| Whitehouse - Treasure Beach | 72.45 | 45.0 |
| Treasure Beach - Mandeville | 56.35 | 35.0 |
| Mandeville - May Pen | 37.03 | 23.0 |
| May Pen - Kingston | 64.4 | 40.0 |
| TOTAL | 698.7 | 434.0 |

Same rules - 15/20 minute breaks / No sleep / No free ride / No showers / No proper food, only cycling!

How to Sponsor us

- **BY DIRECT DEPOSIT**

- Direct Deposits can be made at any of the bank's branches

- Bank: RBTT Liguanea
- Account Name: Chain of Hope (Jamaica)
- Account Number: 0501310006758

- Bank: NCB Liguanea
- Account Name: Chain of Hope (Jamaica)
- Account Number: 371057404

- **BY CHEQUE**

- Please make all cheques payable to Chain of Hope Jamaica located at the Bustamante Hospital for Children, 5 Arthur Wint Drive, Kingston 5, Jamaica, W.I.

- **ONLINE**

- Please log on to chainofhope.org, click DONATE NOW and follow the instructions. Please indicate that your donation is for the Barking Madder Cycle II - Chain of Hope Jamaica.

- Please direct any queries to chainofhopefoundationjamaica@yahoo.com or call the Chain of Hope Jamaica Office at 876-968-5336.

Chain of Hope Jamaica Cycle Tour

7/8 May 2011

We

This time, more than 3,

Ride out once more

To answer the call,

Thanking our God for the bodies he gave

And using it, for others to save

From Bustamante Hospital

One lap again, on cycle,

A small difference in the scheme of things

But no smaller than fulfilling these children's dreams,

I know I can't fix the problems this world brings

But I can play my part and help just a few souls sing

So dig deep and help Chain of Hope make a difference once more

As giving a child the gift of life is a cause worth giving for

